

YALLA VENDING

NUTRITION GUIDE

Complete nutritional information for all Yalla Vending protein drinks. All values are calculated per standard serving size. Water is the base liquid in every drink.



Strawberry Matcha Latte

Calories: 186 | Protein: 26g | Carbs: 12.4g | Fat: 2.9g | Sugar: 8.8g | Sodium: 102mg

Ingredients: Vanilla Whey Protein Concentrate, Milk Powder, Strawberry Syrup, Matcha Powder, Purified Water



Karak Latte

Calories: 210 | Protein: 28g | Carbs: 16g | Fat: 3.7g | Sugar: 4.8g | Sodium: 270mg

Ingredients: Vanilla Whey Protein Concentrate, Karak Tea Powder (Cardamom), Milk Powder, Purified Water



Whey Latte

Calories: 160 | Protein: 26g | Carbs: 6.6g | Fat: 2.9g | Sugar: 3.7g | Sodium: 102mg

Ingredients: Vanilla Whey Protein Concentrate, Milk Powder, Instant Coffee, Purified Water



Caramel Latte

Calories: 147 | Protein: 26g | Carbs: 10g | Fat: 1g | Sugar: 7.1g | Sodium: 102mg

Ingredients: Vanilla Whey Protein Concentrate, Caramel Syrup, Instant Coffee, Purified Water



Protein Karak

Calories: 170 | Protein: 26g | Carbs: 13.3g | Fat: 1.8g | Sugar: 2.1g | Sodium: 270mg

Ingredients: Vanilla Whey Protein Concentrate, Karak Tea Powder (Cardamom), Purified Water

All nutritional values are approximate and may vary based on specific ingredient batches. Allergen information: Contains milk and soy. Manufactured in a facility that also processes tree nuts. For the most current nutritional information, please refer to ingredient packaging at our vending machines.



Isolate Coffee

Calories: 93 | Protein: 22g | Carbs: 0.4g | Fat: 0.2g | Sugar: 0.2g | Sodium: 52mg

Ingredients: Vanilla Whey Protein Isolate, Instant Coffee, Purified Water



Isolate Matcha

Calories: 93 | Protein: 22g | Carbs: 0.4g | Fat: 0.2g | Sugar: 0.2g | Sodium: 52mg

Ingredients: Vanilla Whey Protein Isolate, Matcha Powder, Purified Water



Isolate Shake

Calories: 93-154 | Protein: 22-37g | Carbs: 0.4-0.7g | Fat: 0.2-0.4g | Sugar: 0.2-0.4g | Sodium: 52-91mg

Ingredients: Vanilla Whey Protein Isolate, Purified Water



Whey Matcha

Calories: 120 | Protein: 24g | Carbs: 3.9g | Fat: 1g | Sugar: 1g | Sodium: 102mg

Ingredients: Vanilla Whey Protein Concentrate, Matcha Powder, Purified Water



Whey Coffee

Calories: 120 | Protein: 24g | Carbs: 3.9g | Fat: 1g | Sugar: 1g | Sodium: 102mg

Ingredients: Vanilla Whey Protein Concentrate, Instant Coffee, Purified Water



Pre-Workout

Calories: 10 | Protein: 0g | Caffeine: 200mg

Ingredients: C4 Pre-Workout Blend, Purified Water



Whey Shake

Calories: 120-181 | Protein: 24-39g | Carbs: 3.9-6.4g | Fat: 1.0-1.6g | Sugar: 1.0-1.6g | Sodium: 102-167mg

Ingredients: Vanilla Whey Protein Concentrate, Purified Water